8 THINGS YOU NEED TO KNOW ABOUT YOUR EYES AT WORK

Good vision helps us work better. Did you know that a pair of spectacles can improve productivity by 22%?

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Good vision can improve our earning potential, with one study showing that 46% of people moved up an income bracket after cataract surgery.

Eye injuries are a workplace hazard that can lead to vision loss.

Prolonged use of digital screens can affect people of all ages and can negatively impact productivity if not managed well.

Even the slightest vision impairment can reduce your productivity by 10% and your accuracy by 22%.

90% of all sight loss is preventable or treatable. The majority of eye diseases can be treated, or progression slowed, if detected early.

Around 160.7 million individuals who had moderate to severe sight loss were of working age.