LOVE YOUR EYES
A WORKPLACE CHECKLIST

Better understand if your workplace is an “eye health” safe place to work.

Use this checklist, developed employers and health and safety officers, to assess the level of eye health safety in the workplace.

POLICY:

- Does your organization and its workplaces have an eye health and safety policy, or is it included in the workplace safety program?
- Has your eye health and safety policy been updated or revised in the past year?
- Is your eye safety policy communicated effectively to all employees?

PROCESS:

- Are all employees provided with or encouraged to get regular vision and eye health screenings?
- Are all employees encouraged to use ergonomic workstations and proper lighting to reduce eye strain?
- Have all work processes and procedures been reviewed for potential eye injury risks?
- Are all employees provided with appropriate eye protection free of charge?
- Have all employees received training on the proper use and maintenance of eye protection?
- Have all eye protection devices been inspected and maintained regularly?
- Are all employees encouraged to report any eye injuries or near misses?
TRAINING:

Do you provide regular eye health and safety training for employees?

Have new employees received eye health and safety training as part of their onboarding?

Have employees received any additional eye safety training as needed for specific job tasks or hazards?

INCLUSION:

Are employees with disabilities accommodated with appropriate eye protection?

Do you provide eye health and safety training in languages appropriate for the location and employees?

Are employees who are blind or visually impaired provided with accommodation and appropriate safety measures?

EMERGENCY RESPONSE:

Have all employees been made aware of first aid supplies for eye injuries?

Is there a readily accessible and clearly communicated list of instructions for providing ocular first aid in case of eye injuries or emergencies?

Have all employees been trained in the proper emergency response procedures for eye injuries?

Please note that this checklist is intended as a starting point for eye health safety. Customisation based on specific workplace requirements and regulations should be incorporated as required.