Diabetic Retinopathy The scope of the challenge today and in the next twenty years

DR-NGOs meeting, Bangkok, 6 Apr 13
Serge Resnikoff MD PhD

Estimating DR magnitude

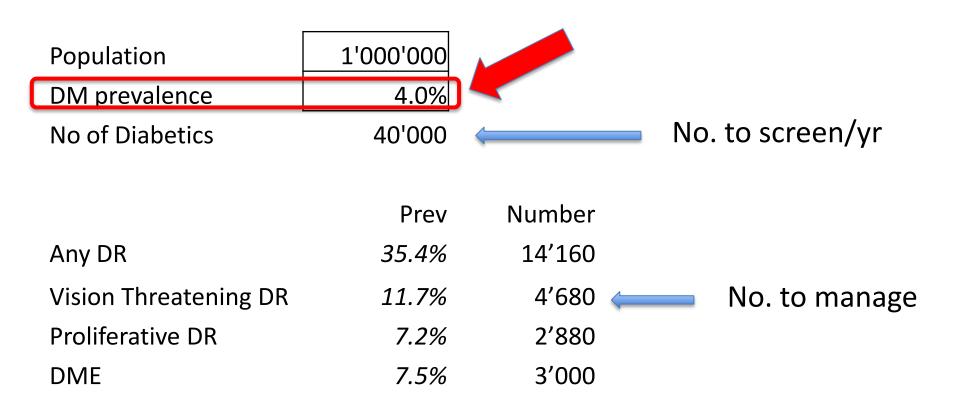
Prevalence among people with Diabetes:

- Any DR = 35.4%
- Vision Threatening DR = 11.7%
- Proliferative DR (PDR) = 7.2%
- Macular Oedema (DME) = 7.5%

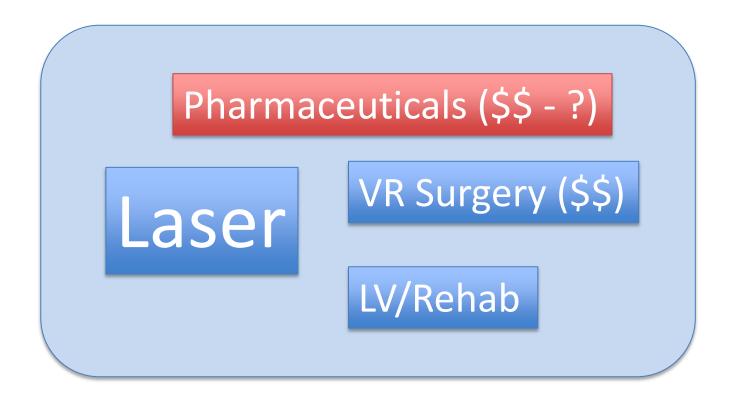
Based on meta analysis by JW Yau

Yau JW, Rogers SL, Kawasaki R, et al. Global Prevalence and Major Risk Factors of Diabetic Retinopathy. Diabetes Care. Mar 2012;35(3):556-564.

Example for 1 million population

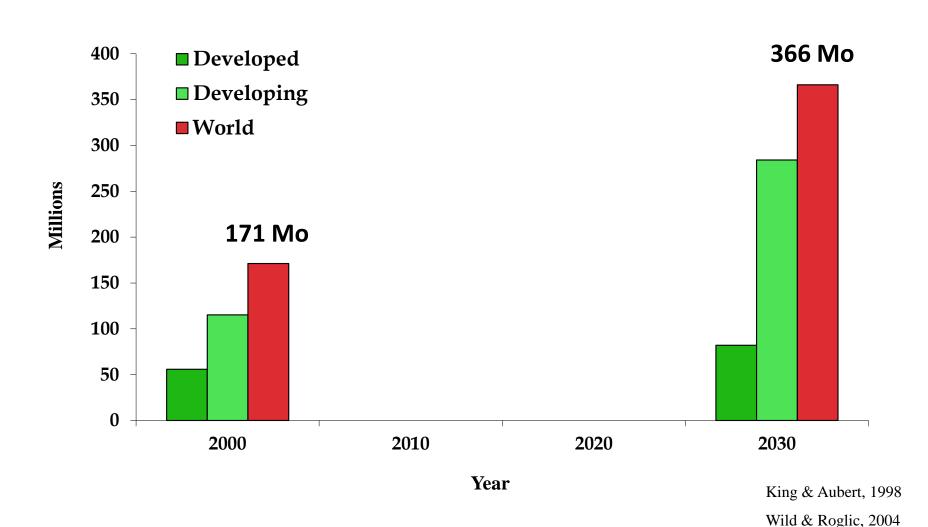


DR Management

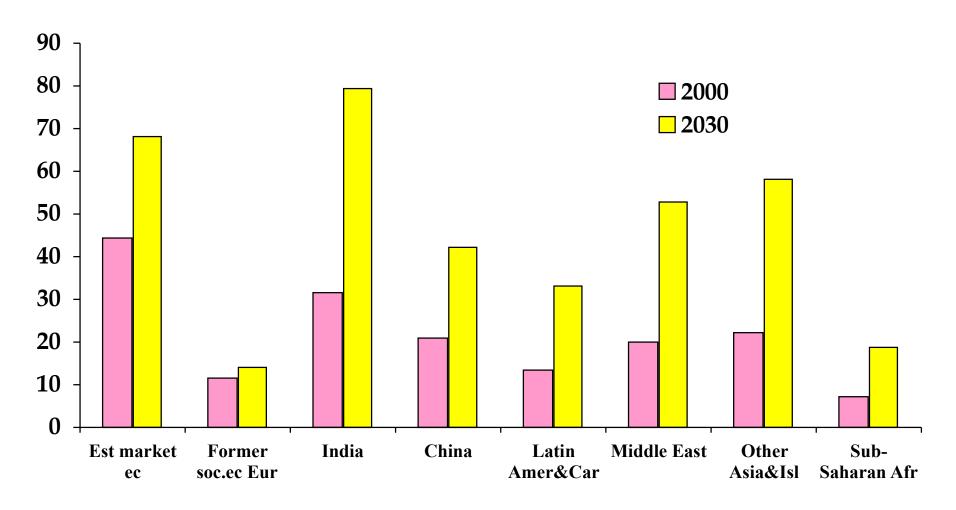


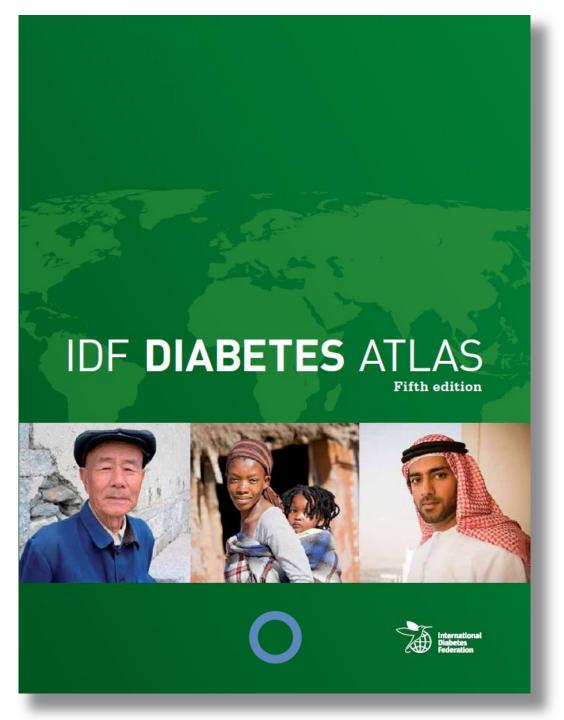
Requires a comprehensive care system Ethical issues

Number of persons with diabetes in the world, 1995 – 2030 (2004 estimates)



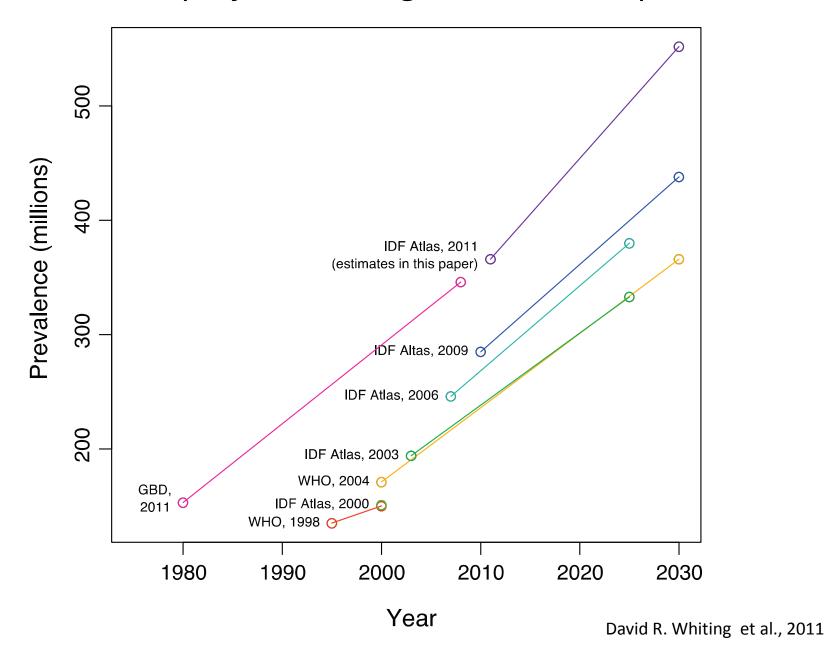
Number of persons with diabetes (millions)

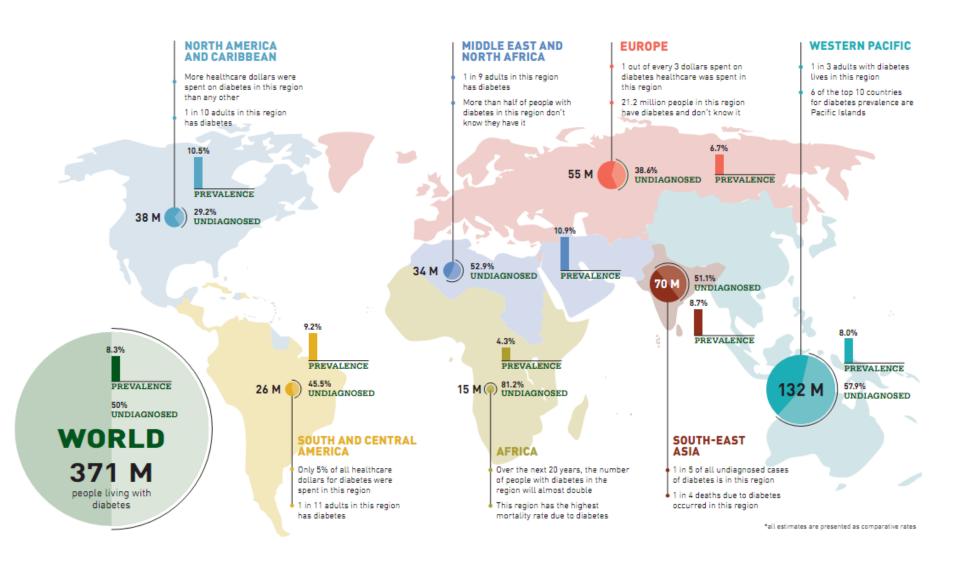




5th Edition November 2011

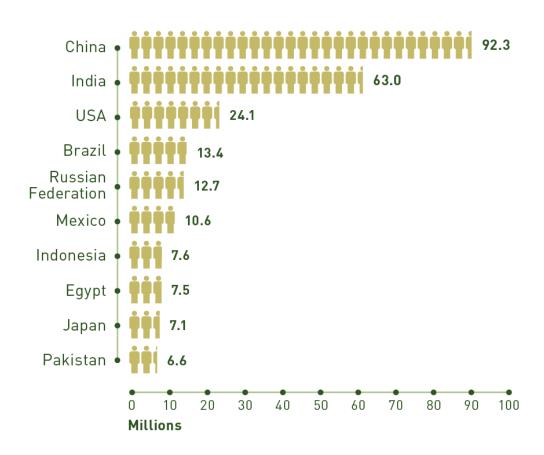
Estimates and projections of global diabetes prevalence



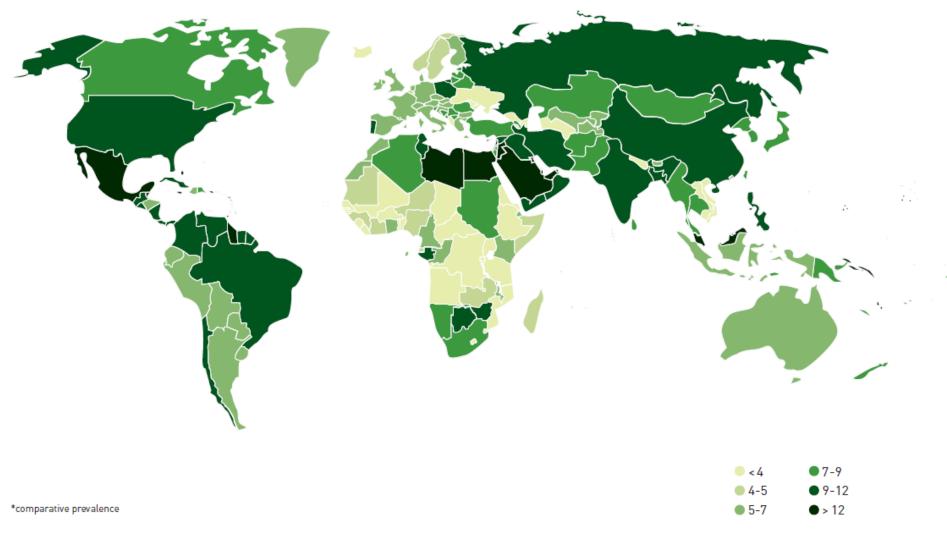


More than **371 million** people have diabetes.

TOP 10 COUNTRIES/TERRITORIES FOR PEOPLE WITH DIABETES (20-79 YEARS)



Prevalence of diabetes, 2011



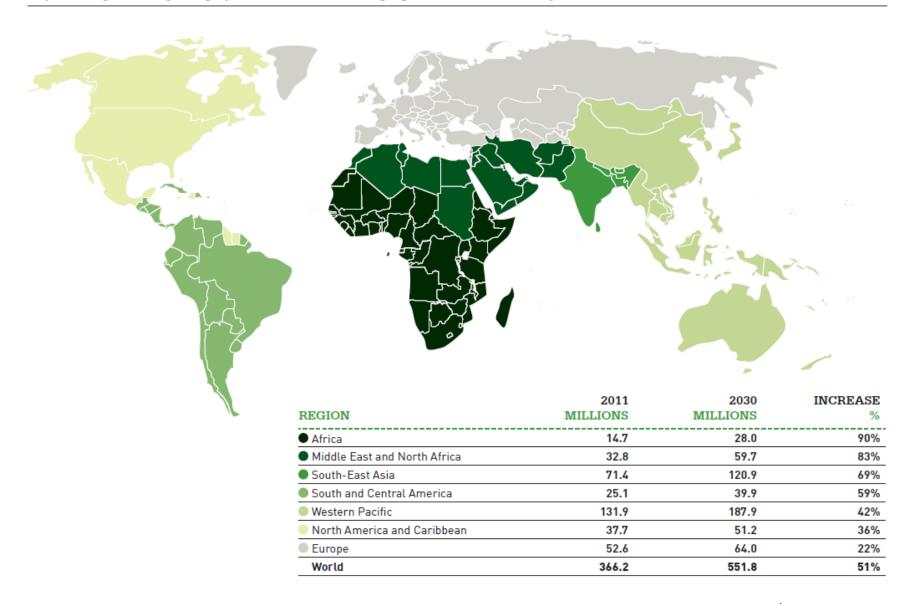
The Top 10s

(prevalence %)

Table 2.1. Top 10 countries/territories for prevalence* (%) of diabetes (20-79 years), 2011 and 2030

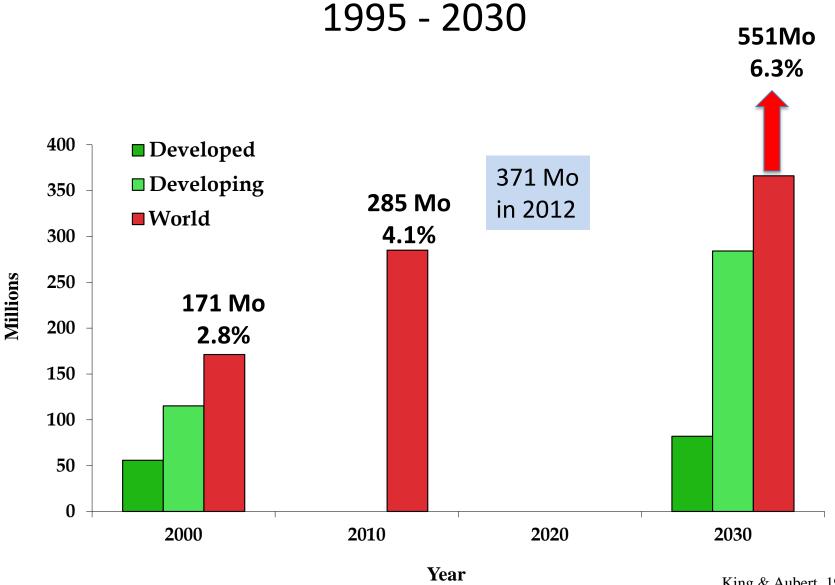
| COUNTRY /TERRITORY | | | OUNTRY FERRITORY | 2030 PREVALENCE (%) |
|------------------------------|------------------|---------------|----------------------|------------------------|
| 1 | Kiribati | 25.7 1 | Kiribati | 26.3 |
| 2 | Marshall Islands | 22.2 2 | Marshall Islands | 23.0 |
| 3 | Kuwait | 21.1 3 | Kuwait | 21.2 |
| 4 | Nauru | 20.7 | Tuvalu | 20.8 |
| 5 | Lebanon | 20.2 5 | Nauru | 20.7 |
| 6 | Qatar | 20.2 | Saudi Arabia | 20.6 |
| 7 | Saudi Arabia | 20.0 7 | Lebanon | 20.4 |
| 8 | Bahrain | 19.9 | Qatar | 20.4 |
| 9 | Tuvalu | 19.5 9 | Bahrain | 20.2 |
| 10 United Arab Emirates 19.2 | | 19.2 | United Arab Emirates | 19.8 |
| | | | <u> </u> | |

^{*}comparative prevalence



IDF Atlas 5th ed.

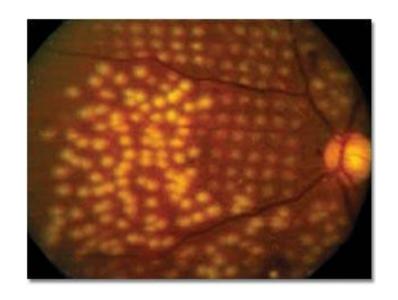
Number of persons with diabetes in the world,



King & Aubert, 1998 Wild & Roglic, 2004

In one million population 2012 and 2030

| | 2012 | 2030 | |
|-----------------------|--------|--------|--------------|
| DM prevalence | 4.1% | 6.3% | |
| No of Diabetics | 41 000 | 63 000 | to screen/yr |
| | | | |
| Any DR | 14 514 | 22 302 | |
| Vision Threatening DR | 4 797 | 7 371 | to manage |
| Proliferative DR | 2 952 | 4 536 | |
| DME | 3 075 | 4 725 | |





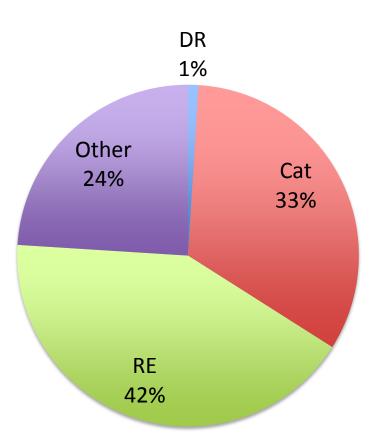
Pan Retinal Photocoagulation

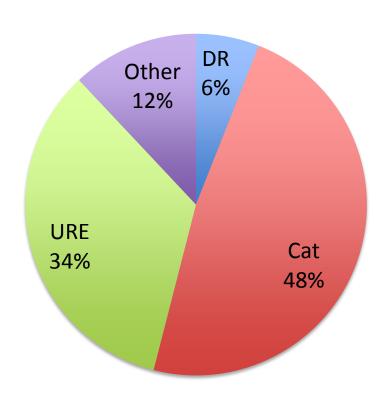
Carpet-Bombing

Primary prevention is critical

World WHO 2012 data

Chiapas, Mexico DR-RAAB 2012 data





Diabetes prev: 4.1%

Diabetes prev: 21%